



**Start:**  
November 12<sup>th</sup>, 2019

**Cost:**  
Free

**Credits:**  
1 ECTS Points

**Duration:**  
4 Weeks

**Time Commitment:**  
6-7 h/week

**Support:**  
Tutored and Mentored  
Provider: EDU  
(Digital Education Holdings Ltd.)

## SHAPE AN AGE-FRIENDLY WORLD

4-week free online course

Learn meaningful ways our global society can better care for an ageing population in EDU's Fundamentals of Healthy Ageing Course. You will research current initiatives from around the world on the topic of healthy ageing and develop your skills by teaming up with other engaged professionals to tackle real-life issues. Course participants benefit from experts in the field while exploring how to apply ideas to new areas.

### SPEAKER

**Dr. med. Nils C. Thiessen, MME**



Our Healthy Ageing course is a 4-week digital and remote study programme developed to provide a framework in support of the 2017 Global Strategy and Action Plan on Ageing and Health of WHO in order to connect and build the international network necessary to drive impact in policy and practices surrounding Healthy Ageing at scale.

# FOUR REASONS TO PARTICIPATE IN THE HEALTHY AGEING COURSE

## 1. Join a network of professionals

Team up and take part in dynamic exchanges.

## 2. Develop your skills

Tackle real-world issues by following a framework that supports 10 Priorities for a Decade of Healthy Ageing.

## 3. Earn 1 ECTS point

Upon successfully completing this course, 1 ECTS point will be awarded which can be used toward a related degree.

## 4. Learn from experts

Benefit from experts in policy and practice on healthy ageing around the world.

## WORK COLLABORATIVELY EVERY WEEK

### Find an Initiative

*(wk 1)*

Research examples of initiatives being taken in the real world.

### Evaluate Strengths and Weaknesses

*(wk 2)*

Learn about the strengths and weaknesses of the initiative you have chosen.

### Evaluate Contribution

*(wk 3)*

Evaluate how the chosen initiative contributes to a framework that supports the Global Strategy and Action Plan on Ageing and Health.

### Expansion and Application

*(wk 4)*

Explore how this initiative can be expanded or applied to another context.

Register now at [studyhealthyageing.com](https://studyhealthyageing.com)



## WHY STUDY AT EDU?



Founded in June 2018, EDU is a brand of Digital Education Holdings Ltd. (DEH), a private institution for higher education, with a vision to substantially increase the quality and accessibility of education. EDU is truly a digital native institution. Its degree programmes include Europe's first digital medical school – EDU Medical and its course in Human Medicine. EDU's state-of-the-art digital learning platform offers a 21st Century education model incorporating modern didactic methodologies and is fully accessible to students and learners wherever they are.